



TOUR NOTES
Hidden Dales
Level 1-2 - Self-guided
2 Nights, 3 Days

Tour Overview



One of the best kept secrets in Yorkshire! This cycle tour takes you through magical dales whilst also giving you time to explore the numerous delights of the historic city of York! Offering breath-taking views and a real sense of solace, this tour will leave a lasting impression and memory. The route, carefully selected and risk-assessed by ourselves, grants an escape from the Monday to Friday routine, taking you instead through wonderful landscapes, remote dales and a beautiful ancient city.

Day 1 – From York into the Wolds

On your first day you will be met by a member of the SCOOT team, at York train station. You will be measured for your bicycles and cycling equipment, helmets, locks, lights etc and also issued with your route maps and information on places of interest along the way. We will give you comprehensive instructions on how to find your pre-booked accommodation as well as information about your support team – should you need them.



You can then set off on your carefully planned Scoot route towards the countryside, meandering through small hamlets and pretty villages, with plenty of inns on the way for refreshments. In the afternoon you will reach Kirkham Priory. The Augustine order of monks founded the priory in the 1120's siting it alongside the River Derwent in the valley of the same name. There are toilets and tea & coffee facilities available on site which is run by English Heritage and a super hostelry "The Stone

Trough” just up the hill. The remainder of the day will see you pedalling through beautiful rolling countryside on the edge of the Yorkshire Wolds to your remote but luxurious accommodation.

(Distance 22 miles)

Day 2 – Enjoy the peace of the Wolds and the descent to York

After a good breakfast you will set off from your accommodation to enjoy the undulating wolds. Take time to soak up the views. Enjoy the slow descents into beautiful dales. Stop to take in some good Yorkshire hospitality. This is a day to really enjoy the cycling. You will cover some distance. There are some lovely places to stop and refresh for lunch before descending into the Vale of York. Here you pass through the historic battlefield of Stamford Bridge which so shaped our history and follow the Way of the Roses cycle route to the magnificent City of York.



Distance - 40 miles

Day 3 – A chance to explore the City of York

After a long day in the saddle, today you choose how much or little you do.

You can cycle down to Selby to see the Abbey there and drop in on where the Vikings moored when they battled at Fulford and Stamford Bridge. You can venture upriver to the magnificent Georgian Beningbrough Hall with a branch of the National Portrait Gallery.

You may want to simply explore the snickets and ginnels of York, see Stephenson’s Rocket, do some retail therapy or lose yourself in a service in the largest cathedral north of the Alps. York has a huge variety to offer.

Distance - your choice

Finally you will meet your Scoot representative at York Railway station to return your bike, receive back your luggage and set off on your journey home.

£285 per person

Starting days - Sunday – Wednesday

Please remember all our holidays are flexible. If you would like us to tailor this one, just call us!

SCOOT TRIP GUIDE – GRADING LEVELS

We want you to get the most out of your SCOOT CYCLING HOLIDAY and whilst cycling involves a certain amount of energy we want you to be comfortable in your selection of tour. Grading is subjective but we hope the guide below will help you choose the perfect holiday.

Level 1 - Gentle

For infrequent or beginner cyclists on quiet and generally flat routes.
Distances of 15 - 20 miles per day.

Level 2 - Easy

For the leisure cyclist who takes regular exercise on routes with a few climbs.
Distances of 20 - 30 miles per day.

Level 3 - Moderate

For the person who cycles regularly on roads with a few steep climbs.
Distances of 20 - 35 miles per day.

Level 4 - Challenge

For a more experienced cyclist who does not mind steep climbs (or is happy to get off and push!).
Distances of 35 - 40 miles per day.

Remember these levels are just guides and at SCOOT we believe that the journey is more interesting than merely the distance travelled.

GENERAL INFORMATION

What the price includes:

1. Bed & Breakfast accommodation (twin or double share basis)
2. Route maps and instructions specific for your tour
3. Luggage transfer between accommodation
4. Meet and greet by SCOOT team member at the start and finish of your trip
5. Emergency back up from 10am – 5pm. This does not include our coming out to mend punctures but the tyres on our bicycles are puncture resistant and punctures are few and far between.
6. Cycling equipment – bike, helmet, child seats as appropriate, lights, locks, puncture repair kit.

What the price excludes:

1. Personal clothing and equipment
2. Travel and medical insurance
3. Lunch and evening meals, and water en route
4. Single occupancy

Bags

We ask you to stick to one bag per person with a maximum weight of 17kg. which will be transferred between accommodation stops for you.

All SCOOT adult bikes have a small pannier fitted, if you think you will need to carry more than would fit into a pannier please provide your own rucksack for your days cycling or alternatively you can hire a bigger Ortlieb pannier from us at a cost of £5 per day.

Accommodation

All the accommodation provided by SCOOT has been inspected by us, we strive to use independent family run Bed & Breakfasts, inns or small hotels. Linen, towels and breakfast will be included in your stay.

All rooms will be en-suite unless otherwise stated and agreed at the time of booking. Single occupancy is subject to availability and a surcharge may be applicable. Please check at the time of booking.

Cycling Equipment

SCOOT provides all bikes. For adults we use hybrid Giant lightweight bikes that are maintained by our own trained cycle technician.

All children's equipment – tag alongs, child seats and pull alongs are compliant with EU and British Safety Standards and comprehensively maintained.

Helmets are provided and we recommend that you use them. Gloves, wet weather gear, cycling shorts etc are not provided.

Weather

SCOOT cannot be held responsible for "adverse" weather conditions. Remember.... this is England! Carrying wet weather kit, and an extra layer is always sensible.

Insurance

SCOOT does not provide holiday insurance. We strongly recommend that you take out adequate holiday insurance including medical cover, personal accident, loss of belongings & cancellation cover. We cannot be held responsible for your own illness, change of travel plans, injury or loss of or damage to your belongings whilst on holiday.

Booking and payment

Before you book we recommend that you check the itinerary and grading level of each trip together with the booking conditions.

To book a tour please send a completed booking form to SCOOT CYCLING HOLIDAYS LTD we will then confirm you're booking by email within 48hours, and send you an invoice for (a) deposit of £50 per person on all holidays or (b) the full holiday cost.

If only the deposit is paid at time of booking then full payment of the holiday is required no less than 8 weeks before the start of your holiday. No further reminder is sent. If you book your holiday within 8 weeks of the holiday start date, the full holiday cost is required at time of booking.

Payments can be made by cheque, bank transfer or using your credit card via PayPal through the website – this gives you security and peace of mind.

Customer Satisfaction

We want you to thoroughly enjoy your SCOOT holiday. We welcome feedback on all aspects of our holidays so that we can continue to improve them.

If you have any problems or are unhappy in anyway with any aspect of the holiday, please call us at the earliest opportunity so that action can be taken to remedy the problem. If we know about it, we can probably sort it.

Any complaint made to SCOOT CYCLING HOLIDAYS LTD after your holiday should be made in writing within 28 days of your return home.