



TOUR NOTES
“Dales Dash”
Level 3- Self-guided
3 Nights, 4 Days

Tour Overview



This is a perfect short break for those wanting a few days of challenging but rewarding cycling through the beautiful scenery of the Yorkshire dales. This tour allows you to spend as long as you wish on your bike with flexible routes, allowing time to explore in other ways. It offers opportunities to see fascinating limestone features, ancient abbey ruins and even a world famous brewery.

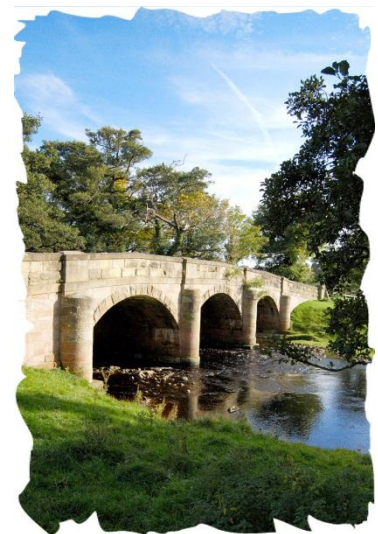
This break is built around Pateley Bridge so that you return to the same place and bed each night and can sample all the local area has to offer.

It is a great way to taste the feeling of freedom a cycling holiday can give you.

Day 1 – Harrogate to Pateley Bridge

On your first day you will be met by a member of the SCOOT at Harrogate station. You will be measured for your bicycles and cycling equipment, helmets, locks, lights etc. and also issued with your route maps and information on places of interest along the way. We will give you comprehensive instructions on how to find your pre-booked accommodation as well as information about your support team – should you need them.

Then it's on to your bike for the first ride to Pateley Bridge to find the accommodation that you will stay in for the next three nights.



Distance - 15 miles

Day 2 – Pateley Bridge to Masham Circular

Your second day heads north out of Pateley Bridge over Pateley moor into the surrounding countryside. The route takes you on small country lanes winding into lower Wensleydale, home of the famous cheese!

Midway is the town of Masham, best known for the Black Sheep Brewery and Yorkshire's largest market square. Stop here for a spot of lunch or spend a while exploring its interesting history. The route then passes Leighton reservoir and shortly after you will tackle the biggest climb of the day before a long descent and a gentle roll back into Pateley Bridge.

Distance - approx. 30 miles round trip

Day 3 - Pateley Bridge to Skipton circular



Following a well-earned breakfast, it's time to head west out of Pateley Bridge, up a demanding climb to Greenhow, then a long descent on small countryside lanes into Appletreewick. Here the route begins to follow the river Wharfe through the wonderful dales villages of Grassington and Burnsall, with the opportunity to stop at the Market town of Skipton before returning on a circular route past Bolton Abbey and Barden tower. The route is rolling with a few steep climbs but the views and the cycling are spectacular and with the gentle flow of the river so close a refreshing dip is a perfect end to the day!

Distance –45 Miles

Day 4– Pateley Bridge via Brimham Rocks and Fountains Abbey to Harrogate station

Heading east out of Pateley Bridge, today's route gives flexibility for those who are looking for a shorter days riding or have an early departure time. You will follow the Way of the Roses route, out of the dales towards Ripon to Brimham Rocks where you can leave the bikes and wander around this weird and wonderful collection of rock formations.

At this point you can retrace your steps on your first day's route back to Harrogate or if you are still keen, Fountains Abbey is only 8 miles down the road and its magnificent country estate and the largest abbey ruins in the country



together with Georgian water garden make it worth the distance!

Then cycle on to Harrogate where we will collect your bikes and return your luggage to you for your onward journey.

Distance (total including Brimham, Fountains and back to Harrogate) –29 miles

£300 per person

Starting days - Any day!

Please remember all our holidays are flexible. If you would like us to tailor this for you, call us!

SCOOT TRIP GUIDE – GRADING LEVELS

We want you to get the most out of your SCOOT CYCLING HOLIDAY and whilst cycling involves a certain amount of energy we want you to be comfortable in your selection of tour. Grading is subjective but we hope the guide below will help you choose the perfect holiday.

Level 1 - Gentle

For infrequent or beginner cyclists on quiet and generally flat routes.
Distances of 15 - 20 miles per day.

Level 2 - Easy

For the leisure cyclist who takes regular exercise on routes with a few climbs.
Distances of 20 - 30 miles per day.

Level 3 - Moderate

For the person who cycles regularly on roads with a few steep climbs.
Distances of 20 - 35 miles per day.

Level 4 - Challenge

For a more experienced cyclist who does not mind steep climbs (or is happy to get off and push!).
Distances of 35 - 40 miles per day.

Remember these levels are just guides and at SCOOT we believe that the journey is more interesting than merely the distance travelled.

GENERAL INFORMATION

What the price includes:

1. Bed & Breakfast accommodation (twin or double share basis)
2. Route maps and instructions specific for your tour
3. Luggage transfer between accommodation
4. Meet and greet by SCOOT team member at the start and finish of your trip
5. Emergency back up from 10am – 5pm. This does not include our coming out to mend punctures but the tyres on our bicycles are puncture resistant and punctures are few and far between.
6. Cycling equipment – bike, helmet, child seats as appropriate, lights, locks, puncture repair kit.

What the price excludes:

1. Personal clothing and equipment
2. Travel and medical insurance
3. Lunch and evening meals, and water en route
4. Single occupancy

Bags

We ask you to stick to one bag per person with a maximum weight of 17kg. which will be transferred between accommodation stops for you.

All SCOOT adult bikes have a small pannier fitted, if you think you will need to carry more than would fit into a pannier please provide your own rucksack for your days cycling or alternatively you can hire a bigger Ortlieb pannier from us at a cost of £5 per day.

Accommodation

All the accommodation provided by SCOOT has been inspected by us, we strive to use independent family run Bed & Breakfasts, inns or small hotels. Linen, towels and breakfast will be included in your stay.

All rooms will be en-suite unless otherwise stated and agreed at the time of booking. Single occupancy is subject to availability and a surcharge may be applicable. Please check at the time of booking.

Cycling Equipment

SCOOT provides all bikes. For adults we use hybrid Giant lightweight bikes that are maintained by our own trained cycle technician.

All children's equipment – tag alongs, child seats and pull alongs are compliant with EU and British Safety Standards and comprehensively maintained.

Helmets are provided and we recommend that you use them. Gloves, wet weather gear, cycling shorts etc are not provided.

Weather

SCOOT cannot be held responsible for “adverse” weather conditions. Remember.... this is England! Carrying wet weather kit, and an extra layer is always sensible.

Insurance

SCOOT does not provide holiday insurance. We strongly recommend that you take out adequate holiday insurance including medical cover, personal accident, loss of belongings & cancellation cover. We cannot be held responsible for your own illness, change of travel plans, injury or loss of or damage to your belongings whilst on holiday.

Booking and payment

Before you book we recommend that you check the itinerary and grading level of each trip together with the booking conditions.

To book a tour please send a completed booking form to SCOOT CYCLING HOLIDAYS LTD we will then confirm you're booking by email within 48hours, and send you an invoice for (a) deposit of £50 per person on all holidays or (b) the full holiday cost.

If only the deposit is paid at time of booking then full payment of the holiday is required no less than 8 weeks before the start of your holiday. No further reminder is sent. If you book your holiday within 8 weeks of the holiday start date, the full holiday cost is required at time of booking.

Payments can be made by cheque, bank transfer or using your credit card via PayPal through the website – this gives you security and peace of mind.

Customer Satisfaction

We want you to thoroughly enjoy your SCOOT holiday. We welcome feedback on all aspects of our holidays so that we can continue to improve them.

If you have any problems or are unhappy in anyway with any aspect of the holiday, please call us at the earliest opportunity so that action can be taken to remedy the problem. If we know about it, we can probably sort it.

Any complaint made to SCOOT CYCLING HOLIDAYS LTD after your holidays should be made in writing within 28 days of your return home.