



TOUR NOTES
“CITY TALES, HIDDEN DALES AND SECRET VALES”
Level 2 - Easy
4 nights – 5 days

Tour overview

A fabulous opportunity to see two different aspects of Yorkshire. Spend time exploring the ancient City of York, and then head out into the deep countryside to visit the hidden dales and secret vales of the Yorkshire Wolds.

Starting and finishing in York, you will have plenty of time to explore the Roman and medieval history of this "cycling city". Enjoy sampling its world famous tea rooms, quaint streets and ancient buildings.

From York, your tour takes you towards the quiet rural roads of the Yorkshire Wolds. You will cycle through stunning scenery, with the opportunity to visit historic houses and monuments, a deserted medieval village and cosy country inns.

Itinerary

Day 1



When you arrive in York, you will be met by a member of the SCOOT team. You will be measured for your bicycles and cycling equipment, helmets, locks, lights etc.

There will be plenty of time on the first day for you to test out your bike. You can make your own way round the city (cycle map provided) or you can take a guided York City cycle tour (2 hours). Alternatively, try a leisurely cycle along the banks of the River Ouse or down to the racecourse and along the specially created "Solar" cycle path.

Day 2

After breakfast you pick up your carefully planned SCOOT route and head out into the countryside, meandering through small hamlets and pretty villages, with inns on the way for refreshments.

With York behind you, you will be pedalling through beautiful rolling countryside towards the Yorkshire Wolds.

Distance 20 - 25 miles.



Day 3



Today's SCOOT route will show you the best of the Yorkshire Wolds. There are different routes to choose depending on how energetic (or lazy!) you are feeling.

You will cycle along quiet country lanes meandering through the achingly beautiful dales and vales of the Yorkshire Wolds, and enjoy long distance views across the vale of York. You will have the opportunity to visit the grand house and gardens at Sledmere and the deserted medieval village of Wharram Percy. After a day of discovery you will return to your accommodation for a well earned supper.

20 – 35 miles (depending on route selected)

Day 4

Wind your way back to York, taking in more of the wonderful rolling countryside. Alternative SCOOT routes are available to suit your mood and stamina.

20 – 35 miles (depending on route selected)

Day 5



Back in York again, you have time to take in some more of the sights – either by cycle or on foot. Try walking the medieval walls or cycling to the National Trust property at Beningbrough Hall.

In the afternoon, your SCOOT representative will arrange to collect your cycles and equipment from you, and we will then say farewell.

£425.00 per person

Starting day – Sunday or Monday

SCOOT TRIP GUIDE – GRADING LEVELS

We want you to get the most out of your SCOOT CYCLING HOLIDAY and whilst cycling involves a certain amount of energy we want you to be comfortable in your selection of tour. Grading is subjective but we hope the guide below will help you choose the perfect holiday.

Level 1 - Gentle

For infrequent or beginner cyclists on quiet and generally flat routes.
Distances of 15 - 20 miles per day.

Level 2 - Easy

For the leisure cyclist who takes regular exercise on routes with a few climbs.
Distances of 20 - 30 miles per day.

Level 3 - Moderate

For the person who cycles regularly on roads with a few steep climbs.
Distances of 20 - 35 miles per day.

Level 4 - Challenge

For a more experienced cyclist who does not mind steep climbs (or is happy to get off and push!).
Distances of 35 - 40 miles per day.

Remember these levels are just guides and at SCOOT we believe that the journey is more interesting than merely the distance travelled.

GENERAL INFORMATION

What the price includes:

1. Bed & Breakfast accommodation (twin or double share basis)
2. Route maps and instructions specific for your tour
3. Luggage transfer between accommodation
4. Meet and greet by SCOOT team member at the start and finish of your trip
5. Emergency back up from 10am – 5pm. This does not include our coming out to mend punctures but the tyres on our bicycles are puncture resistant and punctures are few and far between.
6. Cycling equipment – bike, helmet, child seats as appropriate, lights, locks, puncture repair kit.

What the price excludes:

1. Personal clothing and equipment
2. Travel and medical insurance
3. Lunch and evening meals, and water en route
4. Single occupancy

Bags

We ask you to stick to one bag per person with a maximum weight of 17kg. which will be transferred between accommodation stops for you.

All SCOOT adult bikes have a small pannier fitted, if you think you will need to carry more than would fit into a saddlebag please provide your own rucksack for your days cycling or alternatively you can hire a bigger Ortlieb pannier from us at a cost of £5 per day.

Accommodation

All the accommodation provided by SCOOT has been inspected by us, we strive to use independent family run Bed & Breakfasts, inns or small hotels. Linen, towels and breakfast will be included in your stay.

All rooms will be en-suite unless otherwise stated and agreed at the time of booking. Single occupancy is subject to availability and a surcharge may be applicable. Please check at the time of booking.

Cycling Equipment

SCOOT provides all bikes. For adults we use hybrid Giant lightweight bikes that are maintained by our own trained cycle technician.

All children's equipment – tag alongs, child seats and pull alongs are compliant with EU and British Safety Standards and comprehensively maintained.

Helmets are provided and we recommend that you use them. Gloves, wet weather gear, cycling shorts etc are not provided.

Weather

SCOOT cannot be held responsible for “adverse” weather conditions. Remember.... this is England! Carrying wet weather kit, and an extra layer is always sensible.

Insurance

SCOOT does not provide holiday insurance. We strongly recommend that you take out adequate holiday insurance including medical cover, personal accident, loss of belongings & cancellation cover. We cannot be held responsible for your own illness, change of travel plans, injury or loss of or damage to your belongings whilst on holiday.

Booking and payment

Before you book we recommend that you check the itinerary and grading level of each trip together with the booking conditions.

To book a tour please send a completed booking form to SCOOT CYCLING HOLIDAYS LTD we will then confirm you're booking by email within 48hours, and send you an invoice for (a) deposit of £50 per person on all holidays or (b) the full holiday cost.

If only the deposit is paid at time of booking then full payment of the holiday is required no less than 8 weeks before the start of your holiday. No further reminder is sent. If you book your holiday within 8 weeks of the holiday start date, the full holiday cost is required at time of booking.

Payments can be made by cheque, bank transfer or using your credit card via PayPal through the website – this gives you security and peace of mind.

Customer Satisfaction

We want you to thoroughly enjoy your SCOOT holiday. We welcome feedback on all aspects of our holidays so that we can continue to improve them.

If you have any problems or are unhappy in anyway with any aspect of the holiday please call us at the earliest opportunity so that action can be taken to remedy the problem. If we know about it, we can probably sort it.

Any complaint made to SCOOT CYCLING HOLIDAYS LTD after your holiday should be made in writing within 28 days of your return home.